



Help at Home

Who can access these services?

Anyone is able to access services.

While some services are provided at no cost, others may be government subsidised or you may choose to self fund.



CONTACT DETAILS

Please contact one of our friendly Staff if you would like to know more about our services or how to access assistance.

Help at Home Office Hours:

Mon-Fri, 8.30am – 4.30pm
(except public holidays)

Telephone: 03 6261 7330

Fax: 03 6261 2413

Email: helpathome@corumbene.org.au

Address: 21 Lower Rd, New Norfolk, TAS, 7140

Postal Address: PO Box 201, New Norfolk, 7140



*It's all about your choice,
your life and your wellbeing.*

Ph: (03) 6261 7330

Corumbene 
Help at Home

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As we grow older we may find things we've always done become increasingly difficult. Everyday things such as showering, housework, driving to the shops, or simply just getting out of the house may present a challenge.

You may realise you need help, or you may know of a friend or family member who needs help, but how do you know where to start or what help you can get?

How can Corumbene Help at Home assist you?

- We have a range of services and technologies that will assist in improving your quality of life and help you to stay independent and living in your own home for longer
- We will work with you and your health professionals to understand what you need to stay well at home.

How long will I need to wait?

Staff are available right now to come and discuss your needs with you. There is no cost and no obligation to determine what the next steps may be in accessing support.

We want to support you to stay well and live the life you want at home for as long as possible. Why not give us a call and see how we can help?



What do we offer?

We can tailor services to meet your needs such as:

- personal care such as showering assistance and domestic assistance
- gardening, home maintenance, spring cleaning
- transport to appointments or shopping or simply to get out and about (outings)
- meal preparation and advice with nutrition
- Registered Nurses to monitor and coordinate your health care and specific conditions including telehealth services
- technology enabling social interaction from your own home (SKYPE)
- access to Allied Health and other clinical services such as (Physio, Podiatrist...)
- continence management
- day or overnight in-home respite to support carers and family members
- equipment to support you with your mobility, education around falls prevention and keeping safe

Why choose Corumbene Help at Home?

- We put YOU first and want to know what is important to YOU
- Corumbene Care has been a trusted and valued entity of the Derwent Valley for over 50 years.
- You will be involved in making decisions and developing a Care Plan to meet YOUR needs
- Our Staff are friendly and they genuinely care for you as well as ABOUT you
- We want to support you in staying well, healthy and independent at home
- We strive to support you in remaining active, enjoying life and remaining involved in your community.

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